

Laura Gilbert



Laura attended her first Savate class in 2001. She competed in her first European Championship in 2003 (assaut), and has competed six times in the European and World championships (her highest ranking being bronze). She founded Oxford Savate in 2005, became Director of Technique for the GBSF in 2011, and has been President since 2014. She holds Gant Jaune (awarded by the French federation).

Laura is passionate about Savate. She loves its elegance, and focus on efficiency and technique. She says “I have always been particularly drawn to the welcoming and inclusive nature of the sport and its practitioners; the way that students and instructors of all sizes, ages and levels all sparring together with respect; and continue to be touched by the generosity of the many GBSF instructors who give their time and energy freely to help others improve.”

Laura works in the field of medical technologies as a scientific researcher and programmer. In her spare time she trains, plays the piano, or plays with her diverse family of 11 (and counting) small furry animals.