



GBSF
Great Britain
Savate Federation

Newsletter

May 2017

Welcome!

'Outreach' is the focus for 2017. The GBSF is pleased to introduce a new instructor and his new club!

Sam Byford-Winter leads Brighton Savate: Sam has recently moved to the UK from Toronto, where he qualified under Gabriel Solignac. Sam instructs adults and children at a full time Martial Art Centre in Brighton, teaching San Da (Chinese Kickboxing), Kung Fu, Tai Chi, Shuai Jiao (Chinese Wrestling) and Chi Gong as well as Savate. Many of his approximately 70 students are very excited to start training in Savate. The club had its first outing at the British Championships this year, and we were lucky to also have two of his junior members there to give an enjoyable demonstration of their skills before the adult competition kicked off.

British Championships 2017

Guildford Savate hosted a very successful British Championships for the fourth year running on Saturday 6th May, providing a day full of exciting fights. The Championships welcomed both familiar faces and new fighters, with a complete range of experience levels from novice to World champions in the ring, vying for the 2017 Champion titles.

Thank you not only to the host club, but also to everyone who fought, officiated, set-up, cornered or just cheered on their favourites! It was a day to remember!

Full results at:

http://savate.org.uk/gb_champions_2017

London Savate International Open: 10th June 2017

London Nautical School, Stamford Street, SE1 9NA

<https://www.facebook.com/events/1803087539946302/>



Oxford Savate's Allez! Training day 'survivors' and instructors.
Photo: James Southwood

Allez! Training day is World class

Oxford Savate's lead instructor Kalle Heinola was joined by the GB Squad and GBSF members from Oxford, London, Cambridge, Guildford, Dorset and Brighton to undertake training with a spectacular list of instructors:

PT Karl Beacham – fitness & circuit training

Jasbir Nagi (Dorset Savate) – International Referee & Savate Instructor

James Southwood (London Savate) – World Champion, World vice-champion

Ms. Anukka Volotinen (Savate Club Helsinki, Finland) – Assaut: 2 x World Champion, World vice-Champion, European Champion; Combat: 2 x World vice-Champion, English boxing: 12 medals from Finnish National Champions incl. 5 x Finnish Champion

Training Savate fundamentals, advanced ringwork and rhythm drills, with both an introduction to combat and plenty of relaxed assaut fights, the GB Savate community showed off its finest. Thanks to Kalle for organising a great day!

Got a great newsletter story? Want to tell us more about what inspires you?

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