



Qualifying as an Instructor with Great Britain Savate Federation

An instructor has many parts to play and may be seen as a role model. To be an effective instructor and gain the respect and trust of participants, candidates need a range of skills and personal qualities.

Instructors should be good communicators, enthusiastic, encouraging and able to inspire their students. Reliability, perseverance, a safety conscious approach and good organisational skills are essential to keep students attending. Although it is important that an instructor should be a good performer and passionate about their sport, it is equally important that this should be balanced with patience, tact and understanding, especially relating to the needs, desires and goals of individual students who may be more or less able or ambitious than others. The ability to evaluate training programmes and analyse performance objectively is also of great value.

Eligibility, Qualification, and Development.

These qualifications are designed for either:

- GBSF members who have achieved Red Glove or above .
- Experienced martial arts instructors who are seeking to convert and offer Savate classes, who are able to provide evidence of Prior Learning and transferable skills.

Evidence of competence is required before any award is made. Evidence requirements vary with level, see below.

Note that all instructors, regardless of level, **(1) must be appropriately insured, (2) hold a first aid qualification, and (3) have completed the required level of criminal records checks if they are responsible for minors or adults at risk.**

Qualified instructors should continue to attend GBSF and other training events to keep learning new coaching skills on relevant topics, such as Equal Opportunities, Disability Awareness and Coaching of Disabled People in Sports.

Instructor Levels

1) Animateur (Class Assistant)

Equivalent to NVQ Level 1. Suitable for those who are new to working in sport and who wish to achieve an award that reflects their competence in basic, introductory functions and responsibilities. Responsibilities are limited e.g. work with a small group of students under the direct supervision of the class instructor



Awarding process.

The grade of class assistant is awarded by a Moniteur. The award is valid within a single club, and is not transferable. If the candidate does change clubs, they may be recommended for the award in the new club, without obligation.

Evidence requirements.

- Regular attendance at a GBSF-registered Savate club.
- Expresses an interest in assisting the club instructor
- Red Glove or higher
- At least 16 years of age
- Be of good character and suitable disposition
- If under the age of 18, the candidate should have trained in Savate for 2 or more years. If over 18, the candidate should have trained in Savate for at least one year.

2) Initiateur

Equivalent to NVQ Level 2. A provisional award suitable for coaches operating under a full instructor. They are capable of planning and delivering sessions with supervision. They will teach according to strict guidelines within a prescribed environment. Their primary responsibility is to bring about consistent improvements in levels of Savate skill and fitness. An Initiateur may be observed from time to time by their mentor or other GBSF instructors to evaluate progress. Candidates converting from other combat sports and martial arts may be awarded Initiateur following attendance at a GBSF Instructor training or similar event, and providing valid certification. They may not need direct supervision, depending on status, but should maintain regular contact with their mentor.

Awarding process.

Candidates must be at least 18 years of age. Candidates are required to attend GBSF Instructor training. Each candidate will be assigned a Mentor who will be an experienced GBSF Instructor. Candidates converting from other combat sports and martial arts may be awarded the status of Initiateur following attendance at a GBSF Instructor training (or similar) event, and providing proof of prior experience and qualifications as part of their evidence.

There is a registration fee of £25 annually.

Evidence requirements.

To be awarded the Initiateur grade candidates must provide evidence of the following skills:

- Can identify the roles and responsibilities of a coach, especially those of an Initiateur.
- Can follow good coaching practice.
- Can identify safety issues and maintain appropriate safety provision within the coaching environment.
- Ability to demonstrate and explain basic Savate skills.
- Ability to plan, organise and deliver Savate training sessions under supervision.



3) Moniteur

Equivalent to NVQ Level 3. Suitable for coaches who instruct full classes at all levels, ages, and abilities. Moniteurs will be able to plan a Savate training programme, manage safe and effective coaching Sessions, monitor and evaluate training programmes, and run an effective Savate Club.

Awarding process.

To achieve the full Moniteur award, candidates must complete 8 mandatory units and at least two optional units (not including units 15 or 16). The mandatory units are core competencies designed to evaluate whether the candidate has the abilities, skills and knowledge required to run a safe and effective Savate club. The optional units allow the candidate to specialise in particular areas of interest. Candidates may complete all optional units, if they wish.

Evidence requirements.

A unit is achieved when a candidate is assessed as competent in applying the skills and knowledge specified in that unit. Knowledge Evidence is essential underpinning knowledge for competent performance. Performance Evidence is the minimum amount and type of performance required. Candidates plan a programme of development with their Mentor and compile a portfolio of evidence to prove they are knowledgeable and competent. Evidence must cover all eight mandatory units and two or more optional units. Evidence may be presented in a variety of ways appropriate to the unit e.g. report, lesson plan, 10-week progression plan, coaching log, completed worksheets, video recording, mentor observation report, copy of certificates. The main forms of performance evidence required here are practical activity and evidence about how the activity was carried out.

Mandatory Units.

- Unit 01 - Maintain a Safe Training Environment
- Unit 02 - Devise and Deliver a Training Session
- Unit 03 - Plan, Coach and Evaluate a Training Programme
- Unit 04 - Achievement of red glove status
- Unit 05 - Applying Knowledge of Anatomy, Biomechanics and Exercise Physiology
- Unit 06 - Work Effectively in Exercise and Fitness Contexts
- Unit 07 - First Aid
- Unit 08 - Savate in Context

Optional Units.

- Unit 09 - Coach Children in Savate
- Unit 10 - Coach Disabled People in Savate
- Unit 11 - Produce Individualised Exercise and Fitness Programmes
- Unit 12 - Hosting an event
- Unit 13 - Preparing students for Assaut Competition
- Unit 14 - Preparing students for International Competition
- Unit 15 - Instructing Canne de Combat
- Unit 16 - Instructing Savate Defence

Please apply for separate document on unit specifications.



4) Professeur

Equivalent to NVQ Level 4. Suitable for senior instructors, who have shown regular attendance at and support of GBSF training and grading events, with a minimum of five years since gaining Moniteur level.

Evidence requirements

Candidates for Professeur will need to be seen to have completed a project that benefits the teaching of Savate or its associated disciplines at national level.